



What is Be You?

- Be You is the national mental health in education initiative delivered by Beyond Blue, in collaboration with Early Childhood Australia and headspace.
- Be You supports educators from early learning services and schools to develop a positive, inclusive and resilient learning community where every child, young person, educator and family can achieve their best possible mental health.

Waikerie Lutheran Primary School knows that student, staff and community well-being is essential and signed up to be a part of 'Be You' in 2020.

What does Be You offer us as a school?

- Free professional learning sessions/events
- Access to tools and resources
- Resources in the event of a critical incident (including counselling)
- Evidence informed approaches/ programs—Programs directory
- Action Plan implementation tools/ resources
- Fact sheets - for students/staff and families

